



## MODERN ELECTROCONVULSIVE THERAPY (ECT) - NOW ACCEPTING PATIENTS

### ABOUT ECT

Cottonwood Creek Behavioral Hospital is offering Modern Electroconvulsive Therapy (ECT) to help individuals who have not had success with traditional medications & psychotherapy.

Modern ECT is a brain-stimulating therapy done under general anesthesia, in which patients experience an intentional, brief seizure, and is administered by our board-certified psychiatrists and our team of medical professionals. A single treatment is approximately 60-90 minutes in length.

Commonly treated diagnoses include Major Depressive Disorder, Bipolar, Catatonia and other Psychotic Disorders.

Medicare, Medicaid and commercial insurance accepted.

### TO MAKE A REFERRAL

- ☒ Complete the Modern ECT Referral Form
- ☒ Most recent History & Physical
- ☒ Most recent Psychiatric Evaluation
- ☒ Most recent Medication List
- ☒ Most recent labs and/or EKG
- ☒ Fax documents & Modern ECT Referral Form to (208) 922-7184

### Additional Criteria for Referrals



#### ADULT, AGE 18+

Individuals successfully referred to ECT must be 18 or older



#### STABILITY & SUPPORT

Individuals successfully referred to ECT must have stable housing and a reliable support person in their life



#### ESTABLISHED CARE

Individuals successfully referred to ECT must be actively in the care of a primary care physician